



The Voice

Fall 2011

Women's Association of Morristown Medical Center

Mansion in May 2012

Glynallyn

Photo courtesy of David Gruol

Upon approaching the long, tree-lined driveway, one gets the immediate sense of having traveled back in time to arrive at a centuries-old Elizabethan Tudor castle in the English countryside with an imposing fortified entrance and majestic stained glass windows stretching high upon its façade. It was a time when monarchs reigned supreme and gallant knights on horses stood guard...welcome to Glynallyn.

The Women's Association is pleased to announce its 16th Mansion in May Designer Showhouse and Gardens at Glynallyn in Convent Station, New Jersey during May of 2012. WAMMC is also excited and grateful to announce that MetLife will be the major sponsor of Mansion in May for the fourth consecutive time. Proceeds will be directed towards the new Inpatient Hospice and Palliative Care Center at Morristown Medical Center (see related article on page 8). This facility will provide a serene and calming environment for patients with chronic or life-limiting illnesses and provide support for their families.

Mansion in May is WAMMC's signature fundraiser and our most profitable event having generated over \$6 million for Morristown Medical Center since its inception in 1974.

Our 2010 event, which took place at Fawn Hill Farm in Harding, was a record-breaking one in which \$810,000 was raised with over 20,000 visitors attending and a cast of over 1,000 volunteers. The magic of Mansion in May can only happen through the commitment and loyalty of these volunteers, and the upcoming event is no different. Stay tuned for the many opportunities available for you to become a part of the magic – it is an experience in which you will take great pride and will never forget!

Glynallyn is one of the last remaining estates on "Millionaires' Row" from Morristown's Gilded Age during the turn of the 20th century. The grand 3-story, 32,000 square-foot mansion was built by wealthy publisher and entrepreneur George Marshall Allen as a country estate for his family. In 1987, it was listed on the National Register of Historic Places and has been noted as one of the closest replicas of Tudor architecture in this country.

MetLife
Proud Sponsor of
Mansion in May 2012

Glynallyn, continued



Photo courtesy of David Gruol

Designed by renowned New York architect Charles I. Berg, the grand dwelling was built between 1913-1917 to pattern the English sixteenth century Warwickshire castle, Compton Wynyates. As the property sits on the edge of a deep glen, the name Glynallyn was bestowed upon the homestead.

The regal Tudor, which features 66 rooms, 12 bathrooms and 19 fireplaces, abounds with stained glass and leaded muntined windows, fine wood-trim carvings, and elaborately sculpted plaster. Upon entering the home through the medieval doors and arriving in the quaint Little Hall replete with a rustic fireplace replicating one in a cottage built for William Shakespeare's wife, Anne Hathaway, the visitor senses many surprises await.

The aura continues in the Great Hall boasting soaring ceilings with timber beams and rafters, an oak paneled library, mosaic-floored Greenery, and a Morning Room graced with an arched doorway and stained glass bay window. Hidden behind a wall in the Great Hall is a curious worn-stone stairway that leads to a medieval dungeon showcasing gothic arches and a Shakespearean stage.

The second floor offers generously sized bedrooms, each with a fireplace,

and the fully-finished third floor features a Priest's Room modeled after one in Compton Wynyates with hand-carved wood floors, a timber ceiling and an expansive skylight.

Noted landscape architects Brinley & Holbrook originally designed and developed the lavish grounds for Mr. Allen. Substantial lawns abutting the tree-lined driveway leading to the portico flank the home. A fieldstone terrace with a brick balustrade runs along the south side of the house and features a slate-covered cloister with gothic window arches and an ornate wrought iron door. Beyond the terrace, eccentric remnants of terraced gardens, stairways and gothic gates edge the lush, wooded ravine. Tucked away on the western end of the house where a moat once existed is a sunken rock garden with a miniature canal and fountain.

Glynallyn is sure to please all who visit – it is truly a unique estate that is not to be missed. The Women's Association eagerly awaits your arrival as we open the doors in May!



Bargain Box

Winner of
"The Best of
Morristown
This Week"

We all got a big surprise today when one of our volunteers brought in the September 28th edition of the Morris Daily Record.

The newspaper conducted a poll of its readers several weeks ago and the Bargain Box was voted "Best in Morristown This Week" winner for best antiques and collectibles!



Congratulations to the entire Bargain Box Family. If you've been to the Bargain Box, you probably are not surprised by this honor, but if you haven't been in, come check one of the best stores in Morristown.

We are open Mondays 12 - 5,
Tuesdays through Fridays 10 - 4,
and Saturday 10 - 3.

The Bargain Box is located at
102 Mt Kemble Ave (Route 202)
in Morristown.

Learn more by visiting our website
at <http://www.wammc.org/Bargain-Box/Thrift-Shop.aspx>



President's Message

I welcome all of our WAMMC members, both new and returning. I also thank all members who have signed up to work on committees and in our Women's Association businesses such as the Bargain Box, the Gift Shops and Babies Alumni. I cannot forget to thank our hardworking board members who go beyond their job descriptions and give just that little bit more. Actually all of our involved WAMMC members go beyond their job descriptions and give just that little bit more, and I thank you for your involvement.

We are an organization of 903 strong members and together since 1989 we have been able to raise over \$13.5 million dollars! This is not only through Mansion in May but in our businesses as well. I take my hat off to past Women's Association members for their vision in setting up our businesses and bringing them along so that now we are raising over \$600,000.00 a year with your hard work. WOW! When our fundraisers are added on top of that, it is amazing what we have been able to do. Love it!

Now we start a new year together as WAMMC members. We have to be just as creative as past leaders and I hope you will join me and my chairs when we reach out to you for that talent you all have. We have had a busy summer already since I took office. We have a 2012 Mansion in May! Our chairwomen are Dannette Merchant and Nathalie Dennis. They have been hard at work all summer setting up chairmen and ideas for this new MIM. If you are lucky enough to be asked to help, please say yes. The MIM is a great way to make friends, feel a sense of accomplishment and know you have used your talents for a great cause. This mansion's cause is for the New Hospice and Palliative Care Center. ***The sole mission of the new Inpatient Hospice & Palliative Care Center at***

Morristown Medical is to help patients with chronic or life-limiting illnesses live as comfortably as they can, for as long as they can.

On August 13th the WAMMC board voted to change by-laws article 1 to read, "Women's Association of Morristown Medical Center." This change was made to reflect the change of the hospital's name from Morristown Memorial Hospital to Morristown Medical Center. You know this is a medical center if you have tried to walk these halls! Oh and yes, we will be keeping our tulip logo, too.

As some of you might have noticed, we have been working on updating our website. We have a new and fabulous web chair, Carol Tourgee, who is doing great things. We have made the website more interactive with a master calendar. Additionally, we now have the ability to sign up for WAMMC events on the site. For example, you were able to sign up for the Knit-a-thon we had on Friday night, October 28th, at the Bernard's Inn in Bernardsville by going on the website under events. Some of you might have even signed up on the volunteer tab for the committee jobs I mentioned this summer. Check in to www.wammc.org this winter to see what is going on with the mansion. In fact, our entire Publicity committee has been hard at work.

I hope you attended the Knit with Love luncheon at the Bernard's Inn at the end of October. I take my hat off to our chairwomen, Diane Carr and Nancy Alfano and their outstanding committee members for a job very well done. They did an outstanding job with the lunch, auction and Knit-a-thon. The Knit-a-thon was a very inventive idea and we all had a great time. The monies raised have gone to purchase STAXI wheelchairs at the



Beth Wiperman, Women's Association president.

entrances of the hospital Emergency Room and Goryeb Children's Hospital. This was a perfect fit for us as we were the organization to help start the hospital!

I would also like to mention our new board committee, Social Media. Brittany Lusardi and Mary Bennett have been hard at work on the new Facebook page and our new venture, a TV channel, #46 in the hospital. The first program they have been working on is "Story Hour." This will be four hours a day of hospital staff, volunteers and even the JETS reading books for the patients, big and small. They have done a magnificent job! We hope to launch the channel in March. They are looking for writers to help with the other programming. Don't forget to "Like" WAMMC on Facebook and show your support.

Thank you again for giving just that little bit more. I look forward to starting a new year together with you.

Beth Wiperman





Special Holidays Decorating

The Special Holidays Committee of WAMMC is now organizing volunteers to help decorate Morristown Medical Center for the holidays. We need people to decorate trees, wreaths, and set up menorahs.

Please give us a moment of your time to express appreciation to our staff and the very best of wishes to our patients and their families. Remember that the gift of your time best exemplifies the holiday spirit.

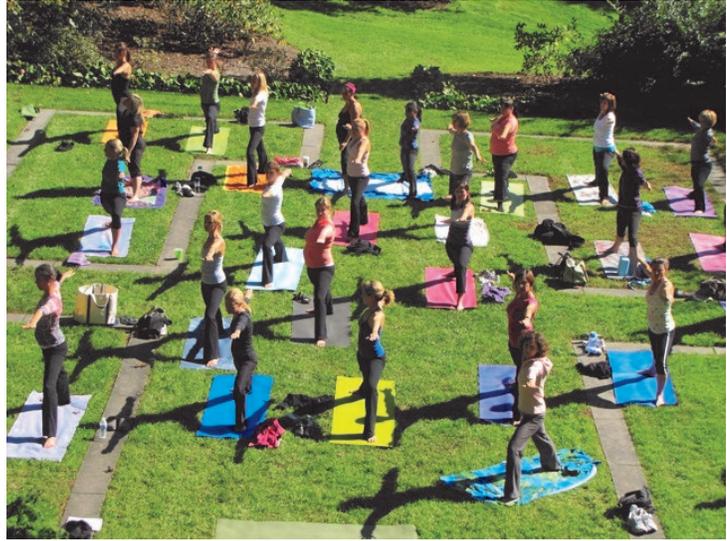
We will be meeting on **Tuesday, November 29, Wednesday, November 30, and Thursday, December 1**, in the Women's Association/Volunteer Conference Room located on Franklin 1 across the hall from the Women's Association offices (and just down the hall from au bon pain) to decorate the hospital. Please join us in the morning (9 am – noon), afternoon (1 pm – 4 pm), the entire day or whatever hours your schedule allows. Drop-ins are always welcome! Lunch will be provided! We will take down the decorations on Wednesday, January 4 and Thursday, January 5, using the same schedule.

If you are interested in joining us, you can contact Mary Courtemanche at 973-267-0166 or june2180@aol.com

This is always a fun event and we look forward to seeing you there!



Yoga in the Park



On Thursday, October 6th, the Chatham Twig hosted a lovely event - Yoga in the Park. Approximately 40 women enjoyed an hour of yoga led by Twig member Lisa Enslow, Certified Health and Nutrition Coach and Yoga Instructor. The weather was simply splendid as the women stretched, posed and relaxed in the gorgeous setting of the Reeves-Reed Arboretum's Azalea Garden. Yoga was followed by a short talk on nutrition and stress reduction by both Lisa and Ann Ciccarelli, another Twig member and Certified Health and Nutrition Coach. Guests enjoyed a delicious boxed lunch, provided by Bona Vita Osteria, in the historic Wisner House. Both Twig members and non-members attended and raised close to \$500 for Morristown Medical Center. The event was so successful that a second Spring event has already been requested by many!

NICU Sign Donation



The new NICU sign donated by the WAMMC is hung on the South Street Hallway on Jefferson 2. Pictured is Beth Wipperman, President of WAMMC, Eileen F. Sudler, 2001 MIM Co-Chair and At-Large Board member, and Susan Armbrust, Past WAMMC President 01-03 and Current Parliamentarian

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2011-2012

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IN MEMORIAM

The Women's Association is sad to report the passing of **June Harmatiuk** on Sunday, September 25, 2011 in Beverly, MA after a long illness. June was formerly a long time resident of Bernardsville, NJ and an active member of WAMMH(C) since 1976. She was a former board member and was actively involved in the coffee shop and Mansion in May. June was instrumental in launching the Infant Car Seat Rental Program back in 1983, "Buckle up Baby."

Parents of babies born at MMH(C) were offered a one year car seat rental for \$15 and were given a \$5 refund when the seat was returned in good condition.

The program was very successful and active for 15 years. June's husband of 65 years, Andy, eventually (after his retirement) joined the MMH(C) volunteer family working as a courier. In addition to her husband, June is survived by two daughters, Vickie Cataldo of Essex, MA and Karen Gumaer of Campbell, CA and five grandchildren. At the request of June's family, contributions can be made in her name to the Women's Association of Morristown Medical Center and sent to: Karen Johnson, WAMMC, 100 Madison Ave., PO Box 1956, Morristown, NJ 07962-1956. A memorial service will held at a later date.

WAMMC is very grateful for June's contributions and dedication to the organization, and extends its condolences to her family.



Knit with Love

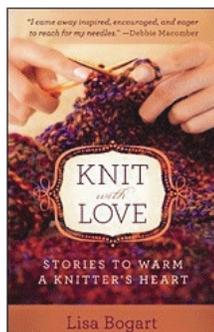
San Francisco based writer Lisa Bogart, author of the recently published, *Knit with Love - Stories to Warm a Knitters Heart*, published by Revell, Baker Publishing Company, shared her stories and signed books at a "Knit with Love Luncheon" sponsored by the Women's Association of Morristown Medical Center, on October 28, 2011 at the Bernard's Inn, 27 Mine Brook Road in Bernardsville. Knitters and non-knitters alike were invited to attend the luncheon, the proceeds of which will support the purchase of wheel chairs for Goryeb Children's Hospital and the Emergency Department entrance at Morristown Medical Center.



Later the same day, interested knitters of any age were invited to return to the Bernard's Inn for a girls night out "Knit-a-thon." Participants were invited to come as they are and knit the night away, while enjoying refreshments, entertainment and camaraderie. "The Women's Association at Morristown Medical Center has been volunteering to provide needed items and TLC at the hospital since the hospital's founding almost 120 years ago," says Women's Association President, Beth Wipperman. "People were encouraged to register and participate even if they didn't know how to knit! The patterns were easy and someone was on hand to teach beginning stitches for knitting new-comers." Knitters received yarn, knitting needles and patterns for the baby booties and lap-blankets that will be donated for use at Goryeb Children's Hospital. Local underwriters are Peapack Gladstone Bank and Kramer Yarns.

Getting ready to pull an "all-knitter"! *Volunteers finalize plans for the "Knit with Love" Author's Luncheon and "Knit-a-thon" held at the Bernard's Inn, in Bernardsville on October 28, 2011. The luncheon and Knit-a-thon sponsored by the Women's Association of Morristown Medical Center and was opened to the public. Funds raised will go toward the purchase of wheel chairs for the Goryeb Children's Hospital and the Emergency Department of Morristown Medical Center.*

*TOP ROW: Knit with Love event Chairs, Nancy Alfano of Bernardsville and Diane Carr of Mendham. Followed by Arlene Meade of Pine Brook, C. Merry LeBlond of Mendham, Mary Horn of New Vernon, Beth Wipperman, of Summit and President of the Women's Association of Morristown Medical Center, Barbara Gallo of Bedminster, and Neelam Joshi of Randolph
BOTTOM ROW: Terry Mulcahy of Basking Ridge, Rita Eoga of Boonton, Judith Hofmeister of Stirling, Vera Gisoldi of Bedminster.*



Gagnon au bon pain Garden

Carolyn Worthington was a cancer patient at Carol G. Simon Cancer Center over a period of time. While receiving treatment, she frequently waited in the Gagnon **au bon pain** area for her ride. She often thought it would be nice to have the garden area there enhanced as many patients and staff take advantage of the setting. She was aware of the “Healing Culture” concept that MMC embraces, in which the environment is calm, beautiful and appealing to enhance recovery and healing. As WAMMC is the liaison with **au bon pain**, she approached us to adopt the project. Peggy Nelson and Michelle Meszaros became the WAMMC coordinators of the project.

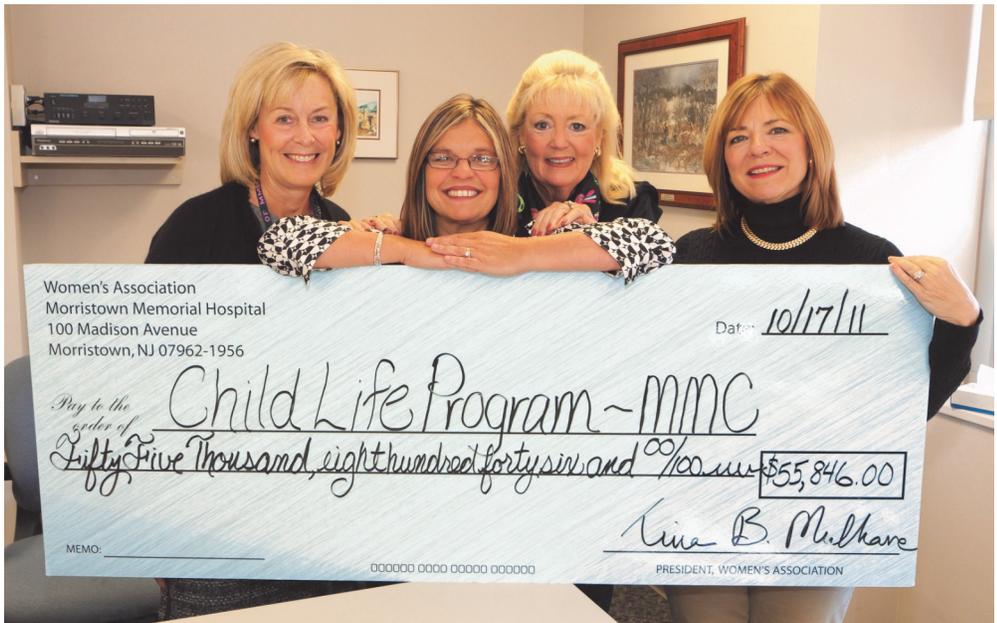
With her usual indomitable spirit and energy, Carolyn was instrumental in making the garden refurbishment happen. She sought donations through her friends, the New Vernon Garden Club and The Garden Club of Madison. Brigitte Burke designed the garden and chose the plantings in conjunction with the hospital landscaper, Nick Vitale. Through donations to WAMMC, on Carolyn’s behalf, the plants were purchased. Plant Engineering and the hospital landscapers did the heavy lifting, literally. The garden was installed this summer. Carolyn could not make it to the garden to see her vision in person so MMC Media



Services took photos of the site and sent them to her through email so she could view them on her iPad. A full size poster was developed in the AH Print Shop and hung in her room so that she could view the garden every day. Carolyn saw the photos of the finished product, just prior to losing her struggle, in early July. She was happy to have helped in creating this beautiful space and to have made a difference.

“For even a brief moment, everyone can get lost in the beauty of the flowers and forget their troubles,” said Jean Marie Rosone, LCSW, coordinator of Integrative Medicine, Carol G. Simon Cancer Center. “This is really the epitome of what a healing environment looks like.”
“She was thrilled that it happened,” said a member of WAMMC. “A full-size poster of the garden was hung in her bedroom. At the end, she had the garden in her room every day.”

Child Life Program Donation



Over \$55,000 was donated to the Child life program of Morristown Medical Center from WAMMC in October. Pictured above are Royal Watch Chairs, Sandy Finlayson and June Meehan who bookend Lisa A. Ciarrocca, CCLS, Systems Manager Child Life, Goryeb Children’s Hospital and Past WAMMC President, 09-11, Tina Mulhare, who is thrilled with a job well done!

The Voice

Newsletter Editor:
Ruth Di Stefano

Layout Design:
Debbie Carroll

Submissions may be sent to
ruthdistefano@me.com
or
deb3c@aol.com

Mansion in May 2012

To benefit the Hospital's Inpatient Hospice & Palliative Care Center



Statue in the gardens at the 2012 Mansion in May, Glynallyn

The Women's Association of Morristown Medical Center will continue to serve the Hospital and its strategic plan for 2012-13. The proceeds from Mansion in May have been benefiting the Morristown Medical Center for over 36 years. Mansion in May 2012 will continue this tradition by supporting the new Inpatient Hospice & Palliative Care Center as its cause.

Morristown Medical Center has stated the Inpatient Hospice & Palliative Care Center will be the first of its kind and will focus on treating the "whole patient." The goal of the Center will be to relieve suffering and improve the quality and comfort of life for patients with chronic or life-limiting illness. Through the Centers' services the patients and family's needs are to be addressed.

Inpatient hospice and palliative care programs have been shown to decrease length of stay at Intensive Care Units, ease patient transitions and increase patient and family satisfaction and compliance with hospital care standards. In fact, a study by The Center to Advance Palliative Care (CAPC) shows that an aging baby boomer population will dramatically increase hospitals' caseloads. Medical advances are enabling adults to live longer lives. This growing number of adults will need palliative care as a solution to their serious chronic illnesses and pain.

The plan for the Center includes a 12-bed unit in the main hospital building with a beautiful foyer, soothing colors, ambient lighting and tasteful furnishings designed to create a sense of calm. Each suite will provide a patient bed, private bath and will be able to accommodate overnight visitors. The Center will also include expansive windows, sunrooms, an outdoor patio and a meditation room. Palliative interventions will be developed by a team of physicians, nurses, social workers, therapists and clergy and will include pain management, psychological counseling, religious/spiritual support, guidance of treatment choices and bereavement services.

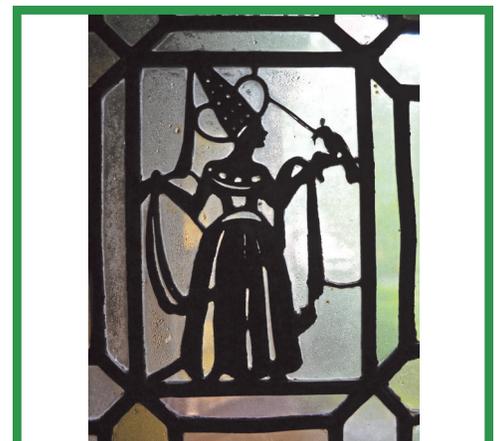
Karen Knops, MD, Medical Director of Palliative Care will be leading the care team. Dr. Knops spoke to the WAMMC Board on Oct. 13th about the Center and its role in the community. Dr. Knops noted, "WAMMC's support of the Inpatient Hospice and Palliative Care Center makes it feel real and that it will happen. I am excited about working with such a dynamic group of women!" Financial support from philanthropy such as WAMMC will be needed to build the Center and provide care and the best course of treatment for patients and their families.

Story Hour



Sharon L. Shann, RN, CNN
Dialysis Center of Northwest NJ (MMC),
reads at a "Story Hour" taping session.

The Women's Association of Morristown Medical Center had an outstanding turnout from Hospital staff and volunteers for the taping of reading children's stories for the TV channels, "Story Hour". The Social Media Chairs, Mary Bennett and Brittany Lusardi and "Story Hour" Chair, Pat Colbert reached out to all at the hospital and dubbed Tuesday's "Tearful Tuesdays" as that was the taping day when wonderful volunteer readers would come into our library and explain why they chose that book to read and the great memories it brought back to them reading to their family members. Hospital media team would then video the reading session while the story hour team would cry. It was a lot of fun around these offices on Tuesdays.



Historic stained glass window found at the 2012 Mansion in May, Glynallyn